



808-532-7110

200 N. Vineyard Blvd, Ste 430  
Honolulu, HI 96817

[www.atrc.org](http://www.atrc.org)

[info@atrc.org](mailto:info@atrc.org)

## Assistive Technology for Activities of Daily Living

Assistive Technology for Activities of Daily Living are used to help people with physical limitations or other disabilities perform everyday tasks such as meal preparation, eating and drinking, hygiene/bathing, grooming, dressing, or school/work.



Meal preparation: jar opener, rocker knife, talking timer, no slip cutting board, large handled utensils



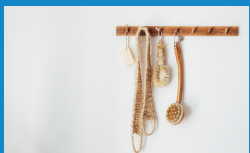
Grooming: electric razor, toothpaste dispenser, wide grip nail clipper



Eating/drinking: self-leveling utensils, scooper plates and bowls, spill-proof cups, robotic self-feeder



Dressing: button hook/zipper pull, sock aid, magnetic buttons, no tie shoe laces



Hygiene/bathing: long handled scrubber, toilet aid, scalp brush, foot sponge



School/work: page turner, adapted scissors/pencils/pens, one handed keyboard, voice recognition

Assistive Technology Resource Centers of Hawai'i (ATRC) is a nonprofit organization that provides information, resources, demonstrations, and device loans to help people make informed decisions and select the AT that best meets their needs. We do not sell or endorse any particular products.

